



Grading Requirements



1st Kup (Black tip) to Black Belt

Theory

Brown represents the tree taking solid root in the earth as technique becomes proficient. Black is the opposite of white: signifying maturity and proficiency, also symbolising the wearer's imperviousness to darkness and fear.

Hyung

- Chung-Mu (30 movements)

Chung Mu was the name given to the great Admiral Yi Sun-Sin of the Yi Dynasty. He was reputed to have invented the first armoured battleship (Kobukson) in 1592, which was the precursor of the present day submarine. The reason why this pattern ends in a left hand attack is to symbolise his regrettable death, having no chance to show his unrestrained potentiality checked by his forced reservation of his loyalty to the King.

New Techniques

Blocks

- Inward Knife-hand Raising Block
- Mid Inward block
- Twin upper palm block
- X-Block mid section

Strikes

- High spear hand
- Ridge-Hand

Kicks

- No new kicks

Sparring

- Sam-Bo Daeryon (3 step)
- E-Bo Daeryon (2 step)
- Il-Bo Daeryon (1 step)
- Ban Jayoo Daeryon (Semi-Free)
- Jayel Daeryon (Free) – 10 Minutes

Destruction Techniques

- Front Kick – 1 board
- Side Kick – 1 board
- Back Kick – 1 board
- Turning Kick – 1 board
- Knife hand chop – 1 board