

South Pacific Taekwon-do



Website: www.southpacifictkd.com.au



Grading Requirements



2nd Kup (Brown Belt) to 1st Kup (Black Tip)

Theory

Brown represents the tree taking solid root in the earth as technique becomes proficient. Black is the opposite of white: signifying maturity and proficiency, also symbolising the wearer's imperviousness to darkness and fear.

Hyung

• Hwa-Rang Hyung (29 movements)

Hwa-Rang: is named after the Hwa-Rang youth group, which originated in the Silla Dynasty in the early 7th century. The 29 movements refer to the 29th Infantry Division, where Taekwon-Do developed into maturity.

New Techniques

Blocks

Lower Section Inner Forearm Block

Strikes

• Reverse Elbow Strike (Slide)

Kicks

• Jumping Back Kick Dee Myo Duiro Chagi

Sparring

- Sam-Bo Daeryon (3 step)
- E-Bo Daeryon (2 step)
- Il-Bo Daeryon (1 step)
- Ban Jayoo Dareryon (Semi-Free)
- Jayel Daeryon (Free)