



Grading Requirements



5th Kup (Blue Tip) to 4th Kup (Blue Belt)

Theory

Green represents the plant's growth as the training in Tae Kwon-do progresses.
Blue represents the heavens towards which the plant matures into a towering tree.

Hyung

- Yul-Gok Hyung (38 movements)

Yul-Gok is the pseudonym of a great philosopher and scholar Yi I (1536-1584) nicknamed the "Confucius of Korea". The 38 movements of this pattern refer to his birthplace on the 38° latitude and the diagram (-) represents "scholar".

New Techniques

Blocks

- Hooking Block
- Twin Inner Forearm
- Twin outer Forearm knife Hand

Strikes

- Elbow Strike
- Reverse Back Fist (Reverse-Cat stance)

Kicks

- Jumping Side Kick Dee Myo Yop Chagi

Sparring

- Sam-Bo Daeryon (3 step)
- E-Bo Daeryon (2 step)
- Il-Bo Daeryon (1 step)
- Jayel Daeryon (Free)