



Grading Requirements

6th Kup (Green Belt) to 5th Kup (Blue Tip)

Theory

Green represents the plant's growth as the training in Tae Kwon-do progresses.
Blue represents the heavens towards which the plant matures into a towering tree.

Hyung

- Won-Hyo Hyung (28 movements)

Won-Hyo was the noted monk who introduced Buddhism to the Silla Dynasty in the year 686 A.D..

New Techniques

Blocks

- Sweeping Block

Strikes

- Knife Hand Chop
- Lunge Punch

Kicks

- Jumping Front Kick Dee Myo Ap Chagi

Sparring

- Sam-Bo Daeryon (3 step)
- E-Bo Daeryon (2 step)
- Jayel Daeryon (Free)