



Grading Requirements



9th Kup (Yellow Tip) to 8th Kup (Yellow Belt)

Theory

White represents innocence, as the beginner has no knowledge of Tae kwon-do.
Yellow represents the earth in which the seed takes root as the Tae kwon-do foundations are being laid

Hyung

- Chon-Ji Hyung (19 movements)

Chon-Ji means literally "the Heaven the Earth". It is in the Orient, interpreted as the creation of the world or the beginning of human history, therefore, it is the initial pattern played by the beginner. This pattern consists of two similar parts: one to represent Heaven and the other the Earth.

New Techniques

Blocks

- No new blocks

Strikes

- No new strikes

Kicks

- Back Kick Duiro Chagi
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Sparring

- San-Bo (3 step) daeryon